

More info on . . . Special Dietary Needs

What if I have a special dietary need?

It's easy to make healthy food choices in our residences even when dietary restrictions are observed. During lunch and dinner, we feature approximately eight entrées with at least one lacto-ovo vegetarian selection. Please note that vegans may find it difficult to enjoy variety in meeting their dietary requirements. Along with daily menus, we post ingredient listings of the various entrées, soups and side orders being served.

If you have special dietary requirements, it is important that you refer to the daily menu to ensure appropriate dietary selections. We highly recommend that if you observe food restrictions for medical or religious reasons, or have severe food allergies, you contact your Hospitality Services unit manager upon arrival in September and meet with the nutritionist.

Special foods, e.g. Halal or Kosher, can sometimes be arranged with the unit manager, and can be charged to your residence meal plan. Students with dietary requirements who identify this need as a factor to be considered in their residence assignment process will likely be assigned to Saugeen-Maitland Hall where, due to the increased number of residents, the widest menu selection is available. (The University does not assume responsibility for allergic or anaphylactic reactions.)

